



Year 9 Field Studies Programme

Packing and Essential Equipment List

Clothes - General

Pack extra warm clothing during winter

- ▲ 6 T-shirts, including at least 2 Trinity polo shirts
- ▲ 5 Pairs of socks
- ▲ 7 Sets of underwear
- ▲ 1 Trinity Sun hat with **wide brim**
- ▲ 4 Pairs of shorts
- ▲ 2 Pairs of trousers
- ▲ 1 Trinity tracksuit
- ▲ 1 set of PT Gear - shirt, shorts, socks, joggers
- ▲ 2 x skins/bike pants for hiking

Outdoor Programme Clothing

- ▲ 1 Good quality breathable rain jacket (Gortex or similar) with a hood – no ponchos or spray jackets
- ▲ 2 sets of Thermals – shirt and pants
(polypropylene and merino only)
- ▲ 2 Warm jumpers – wool, Polartec or 100% polyester only (no cotton)
- ▲ 1 Beanie & Gloves
- ▲ 2 long collared long sleeve shirts (breathable) for canoeing and hiking
- ▲ 2 pairs of light weight hiking shorts or pants
- ▲ 2 Pairs of wool long hiking socks
- ▲ 1 pair 'old' work clothes – long trousers and long sleeve shirt – for land care
- ▲ 1 swimming costume and swimming goggles

Bedding and Personal items:

- ▲ 1 Pillow with 2 Pillow Slips
- ▲ 1 Doona with Doona cover
- ▲ 2 Sets of Single Sheets (fitted and flat sheets)
- ▲ 2 Towels - 1 bath, 1 beach
- ▲ Toiletries – e.g. Soap, bodywash, shampoo and conditioner, toothbrush etc.
- ▲ Deodorant (no aerosols)
- ▲ Sunscreen
- ▲ Insect repellent (no aerosols)
- ▲ Clothes pegs

Camping/Outdoor Equipment:

- ▲ 1 Sleeping Bag (compact, rated to -5C)
- ▲ 1 Inflating Camp Mat or Roll Mat
- ▲ 1 sturdy Day Pack – to fit rain jacket, water, etc.
- ▲ 1 head torch with spare batteries – good quality
- ▲ 1 set of eating utensils - knife, fork, spoon set, bowl and mug for camping (metal or plastic)
- ▲ 2 Tea Towels
- ▲ 2 x 1.5 litre water bottles with secure lids (or 3 x 1 litre equivalent)
- ▲ 1 pea-less whistle on a cord



Footwear:

- ▲ 1 Hiking boots – mid to full length (compulsory item)
- ▲ 2 Pairs of joggers
- ▲ 1 additional pair of comfortable shoes
- ▲ 1 pair of water shoes or covered shoes for water activities
- ▲ 1 pair slides or thongs (for showers only)
- ▲ Blister pack

Optional Equipment:

- ▲ Wetsuit
- ▲ Bike helmet
- ▲ Riding gloves
- ▲ Hydration pack
- ▲ Microfibre hiking towel

Important note:

- ▲ The essential equipment list provides families with a list of all the items your son will need to ensure they are safe and comfortable while on the FSP.
- ▲ The *Equipped Outdoors* gear ordering form is provided should you wish to streamline the process of purchasing equipment.
- ▲ Hiking boots have been left off the order form as attempting to find a boot that fits every boy's foot type is impossible. Below are several brand options that will cover every foot type, are readily available and, above all else, will allow your son to hike safely:
 - Keens
 - Hi-Tec
 - Merrell
 - Salomon
 - Scarpa
 - OBOZ
 - Cadet boots

Note: Hiking boots should be worn as much as possible prior to the FSP to wear them in.

NO LAPTOPs, IPADS, MOBILE PHONES, ELECTRONICS, CAMERAS, KNIVES OR CONFECTIONARY ARE TO BE TAKEN TO YOUR FIELD STUDIES RESIDENTIAL

Labelling:

- ▲ All clothing, bedding, personal items and outdoor equipment should be labelled with the student's name

Academic Equipment:

- ▲ Record book
- ▲ PDHPE workbook
- ▲ Bible (NIV version)
- ▲ Pens, lead pencils, coloured pencils, erasers, rulers, glue and scissors
- ▲ Calculator
- ▲ Postage stamps, envelopes and writing paper
- ▲ Books to read (good literature)
- ▲ Mathematics workbook (textbook is online – hard copy optional)
- ▲ Headphones with a standard size headphone jack (optional)

HIKING SHIRT*

WILDERNESS EQUIPMENT WILDLIFE SHIRT

SP50+ Nylon Cotton Blend

Details: <https://bit.ly/37m3BS4>

Built for the Aussie bush! The Wildlife shirt is a long sleeve, double collared nylon/cotton blend outdoor shirt. Handy zip chest pockets. See size table below, using chest measurements.



*This item supplied to every student

BROADBRIM HAT*

Quickdrying Microfibre

Easy to clean, crushable and quickdrying. Mesh panelling for ventilation. Measure head circumference above ears. Size in cm's and choose the next size up

Sizes 55 | 57 | 59 | 61cm

Items above line (Shirt & Hat) are supplied to all students. Both items will be embroidered with Trinity emblem.



*This item supplied to every student

RAINJACKET

WILDERNESS EQUIPMENT DELUGE

10 000mm Waterproof | 5000gm Breathable

Details: <https://bit.ly/3CjQpho>

Super tough and easy to maintain. 3/4 length, large pockets and storm hood. Perfect for camp, sports days and skiing. Measure chest in cm's under arms. See diagram*. Size for room / growth.



LIGHT FLEECE

WILDERNESS EQUIPMENT COLDSNAP

Versatile 100gm Fleece

Details: <https://bit.ly/3PNked3>

A versatile 100 weight fleece pullover. Ideal on it's own or use as layer when when temperatures really drop. Tapered sides for a stylish fit & drawstring hem.



THERMAL UNDERWEAR SET

XTM HEATFLEX

Polygiene Fabric for Odor Control

Details: <https://bit.ly/3rPcFZa>

Odor control and moisture wicking due to the Polygiene fabric treatment. Machine washable and quickdrying. Perfect weight for year round use. Top is crew neck.

Measure chest in cm's, under arms and around back. Thermals are best sized by height so arms/legs don't ride up. If in- between sizes, size up for room to grow.

SIZE	HEIGHT CHEST
XS	150-160 80-90cm
SM	160-170 85-95cm
M	170-175 95-105cm
L	175-182 105-115cm

HIKING PANTS
MONT ADVENTURE LIGHT PANTS

Durable 330D Nylon

Details: <https://bit.ly/3xvP6qt>

As tough as they come! Lightweight, quickdrying and durable. These pants suit for a range of outdoor pursuits and travel. Easy-fit relaxed elastic waist & highly adjustable webbing belt included.



WATERBOTTLE SET 3L
2 X 1.5L NALGENE BOTTLES

BPA/BPS Free | Widemouth

Details: <https://bit.ly/3PHKeqk>

Unbreakable, easy to clean & leakproof.



SIZE	WAIST
XS	65 - 75cm
SM	75 - 85cm
M	85 - 95cm
L	95 - 105cm

CAMP KITCHEN SET
STS DELTA KITCHEN SET

BPA FREE

Details: <https://bit.ly/3dOqft1>

All the essentials - plate, bowl, mug & 3-piece cutlery set. Made of lightweight BPA free polypropylene. With mesh storage bag.



LOTIONS & POTIONS

1x100ml SPF50 Sunscreen | 1x125ml Repellent

Sunscreen is free from Nanoparticles, PABA's and fragrances, water resistant. Repellent is natural & DEET free.

HEADLAMP
BLACK DIAMOND COSMO

350 Lumen | Waterproof

Details: <https://bit.ly/3A11bqS>

Dimmable flood beam, spot beam & red LED. Waterproof! 3AAA batteries (included).



MICROFIBRE TOWEL

50cm x 100cm

The perfect towel for camp! Lightweight, super absorbant, machine washable and quickdrying.

Both of our sleeping bags are a roomy, tapered rectangular shape and have temperature ratings suited to year round conditions in NSW. Both bags will come with a cotton liner and compression sack.

SLEEPING BAG DOWN MONT WARMLITE XT-R

Comfort Range -1°C to -7°C | 1061grams
Details: <https://bit.ly/3xpbi4p>

Down bags are lighter and more breathable than synthetic. Made using premium duck down and Mont's highly water resistant Hydronaute Fabric. Will last a lifetime of adventures! **Packed Size 19cm x 24cm**

SLEEPING BAG SYNTHETIC STS TRAILHEAD THIII

Comfort Range -1°C to -7°C | 1610grams
Details: <https://bit.ly/3R40m6M>

A durable, all round synthetic sleeping bag. Synthetic bags are heavier than down, but more economical & easier to wash.

Packed Size 21cm x 28cm



WARMLITE



TRAILHEAD

SELF INFLATING MAT STS CAMP MAT

183cm x 51cm | 780 grams

Details: <https://bit.ly/3Ae5myM>

Lightweight and durable self inflating mat that adds a level of insulation & comfort. Tough 75D nylon and easy to inflate . Includes stuff sack & repair kit.

SLEEPING BAG LINER STS THERMOLITE REACTOR

Adds up to 8°C | 280grams

Details: <https://bit.ly/3QO7xAb>

Adds up to 8°C of warmth to your current bag or use by itself in summer temps. Liners wick sweat and are easier to clean the sleeping bags. Less washing and more life out of your bag!



LINER



CAMP MAT

**Don't worry, we've done this before!
All items will be labelled with your
students name and delivered to the
Woollamia Campus.**

Dear Trinity Grammar School Families,

The following equipment list has been drawn up in consultation with Trinity Grammar School to suit the Extended Field Studies Programme; Cadets and the Duke of Edinburgh Award Programme.

Pricing averages 25% off Rec. Retail Prices; and maximizes ease of order; delivery & service.

Please email your orders to: sales@equipped.com.au See [Online Item Details](#) Here.

Please submit orders latest: Sun 27th November 22 for Delivery to the FSC - Week 1 T1 '23.

Equipped Staff will deliver and ensure sizing. Items will be named with Laundry Pen or adhesive label.

We are not a shop; we are a direct supplier of outdoor equipment catering for Outdoor groups. We will happily refund / swap any items that are not as expected or of the in-correct sizing. Where an item is unavailable; we may substitute another of similar quality.

The first two items are included for all students.

Student Name _____

<input type="checkbox"/>	SHIRT HIKING. WILDLIFE	WE – Long Sleeve Shirt.	<input type="checkbox"/> XS <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL	INCLUDED
<input type="checkbox"/>	HAT. BROADBRIM	MicroFibre. Natural Color	<input type="checkbox"/> 55 <input type="checkbox"/> 57 <input type="checkbox"/> 59 <input type="checkbox"/> 61	INCLUDED

<input type="checkbox"/>	RAINJACKET. DELUGE	WE – ¾ Length Rain Jacket	<input type="checkbox"/> XS <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL	\$189.00	249.95
<input type="checkbox"/>	FLEECE LIGHT. COLD SNAP	WE – Light Fleece Jumper.	<input type="checkbox"/> XS <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL	\$ 58.00	79.95
<input type="checkbox"/>	THERMAL UNDERWEAR SET	XTM LS Top & Leggings	<input type="checkbox"/> XS <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL	\$ 59.00	79.98
<input type="checkbox"/>	PANTS HIKING. ADV LIGHT	Mont Hike Pant with Belt	<input type="checkbox"/> XS <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL	\$115.00	149.95
<input type="checkbox"/>	WATER BOTTLE SET. Pair	1.5L Wide Mouth x 2. Loop Top Nalgene Tritan Bottles		\$ 49.00	59.90
<input type="checkbox"/>	LOTIONS & POTIONS	100ml Sunsational SPF50 & 125ml Pump Spray Buzz Off		\$ 20.00	23.08
<input type="checkbox"/>	HEADLAMP. BD COSMO	Black Diamond Cosmo Headlamp with 3 AAA Batteries		\$ 52.00	69.99
<input type="checkbox"/>	CAMP KITCHEN SET	STS Delta Kitchen with Plate, Bowl, Mug & Cutlery		\$ 33.50	41.99
<input type="checkbox"/>	MICROFIBRE TOWEL	Order all items above – receive MicroFibre Towel Free.		\$ 18.00	23.95

<input type="checkbox"/>	SLEEPING BAG. DOWN	Mont Warmlite 550 Sleeping Bag. Includes Cotton Liner.		\$505.00	671.94
<input type="checkbox"/>	SLEEPING BAG. SYNTHETIC	Sea To Summit TrailHead III Bag. Includes Cotton Liner.		\$215.00	280.99
<input type="checkbox"/>	SELF INFLATING MAT	360° Self Inflating Mat Reg 2.5cm - w/ SSac & Repair Kit		\$ 95.00	119.99
<input type="checkbox"/>	REACTOR SLEEP LINER	Thermolite Sleep Liner. Adds 5°C warmth to your s/bag		\$ 79.00	99.99
<input type="checkbox"/>	DELIVERY. NO CHARGE	Goods Delivered & Named to Woollamia Campus		\$ _____	

_____ | _____ | _____ | _____ | Visa Card M/Card

Name on Card _____ Expiry ____/____ CCV _____

Signature _____ Mobile _____

Credit / EFT Charges appear as 'Equipped Outdoors' E. & O.E.

* All Sorts of Conditions apply

α Invitees Only - Valid 12/'22

Trinity Grammar School
Woollamia Field Study Centre

Queries to 'Trinity' - T 02 9489 8666 or sales@equipped.com.au Reference: 23 Trinity Summer O1