

# PARENT AND STUDENT STUDY SKILLS EVENING

Trinity Grammar School presents an opportunity not to be missed:

## “ACHIEVING YOUR PERSONAL BEST” with Dr Prue Salter



An interactive evening for parents and students outlining tools and techniques for students to achieve their personal academic best.

Dr Prue Salter is the founder of ELES ([www.enhanced-learning.net](http://www.enhanced-learning.net)) and an expert in the area of study skills. She has conducted over 5000 study skills seminars across Australia and Asia, has written 20 study skills resource kits for schools and is the creator of the online and interactive study skills website used by more than 120000 students ([www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au)).

Prue's PhD explores whole-school integrated approaches to developing students' self-regulated learning skills.

### **YEAR 7 PARENT/STUDENT STUDY SKILLS EVENING**

(Years 8 and 9 are also welcome to attend for a refresher or if they missed out in previous years)

Wednesday 23<sup>rd</sup> March 2022 @ **6-7.15pm**

### **YEAR 10 PARENT/STUDENT STUDY SKILLS EVENING**

(Years 11 and 12 are also welcome to attend for a refresher or if they missed out in previous years)

Wednesday 23<sup>rd</sup> March 2022 @ **7.30-8.45pm**

The two evenings cover different content and can be viewed as Level 1 and Level 2 study skills.

Parent/Guardian(s) and students should attend together. As the session is very interactive, the session will not be of full value unless both the students and a parent attend.

Both students and parents also need to bring along a pen each (and one highlighter for the family) and the school diary.

*Some of the areas that will be covered are:*

- Making study as effective and efficient as possible.
- Organisation and time management skills.
- Improving study notes and study techniques.
- Dealing with the obstacles and problems.

***Time to step up and move your  
study skills to the next level!***



***Enhanced Learning  
Educational Services***

*“the study skills specialist”*

[www.enhanced-learning.net](http://www.enhanced-learning.net)